

WHAT WE TREAT

The physicians of the Centers for Vulvovaginal Disorders are experts in the diagnosis and treatment of more than two dozen diseases that cause the symptoms of genital itching, burning, irritation, rawness, throbbing, urinary frequency and urgency, and pain during sex. The diseases we treat include:

Pain With Sex

Vaginal and Vulvar Discomfort

Burning, Rawness, Itching & Pain

Vulvodynia

Vulvar Vestibulitis (Vestibulodynia)

Vulvovaginal Skin Diseases

Lichen Sclerosus

Lichen Planus

VIN

Lichen Simplex Chronicus

Plasma Cell Vulvitis

Pudendal Neuralgia

Chronic Pelvic Pain

Persistent Genital Arousal Disorder

Decreased Libido

Decreased Orgasm

Decreased Arousal

Pelvic Floor Muscle Dysfunction

Vaginismus

Interstitial Cystitis/Painful Bladder Syndrome

www.cvvd.org

OUR PHILOSOPHY

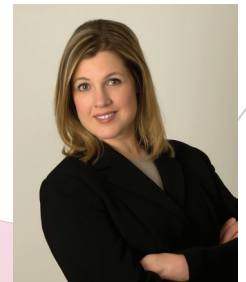
- It is our belief that quality medical care cannot be rushed. By taking a comprehensive medical history, we give our patients the opportunity to be heard.
- We pride ourselves on our precise physical examinations, diagnostic precision and effective treatment. With the use of specialized testing and extensive research, we have developed algorithms to achieve accuracy and specificity in our diagnoses and therapies.
- Patient education is critical to our treatment process. We ensure that our patients have their questions answered and are connected with reliable resources. As a result, our patients are given a sense of hope and empowerment.
- We believe in the importance of experience and expertise. It is imperative for us to stay current with the latest literature, to focus our attention exclusively on vulvovaginal disorders and to invest a great deal of our own time and resources on research. We conduct over a dozen medical studies each year to find new treatments for vulvovaginal diseases.
- In our effort to provide the best care possible, we employ a multidisciplinary approach to treatment. To accomplish this, we enlist the help of our colleagues in other arenas of sexual health care including physical therapists, sex therapists, psychologists, and nutritionists.

WHO WE ARE



Dr. Andrew Goldstein has been the director of the CVVD since 2002. He is the current President of the International Society for the Study of Women's Sexual Health. In addition, he is a Fellow of ISSVD, ASCCP, and SSTAR. Dr. Goldstein has been a grant recipient of the National Vulvodynia Association. He is actively involved in research and has published more than 75 abstracts, peer-reviewed articles, and book chapters. He is also co-author of *When Sex Hurts*, *Female Sexual Pain Disorders: Evaluation and Management*, and *Reclaiming Desire: 4 Keys to Finding Your Lost Libido*.

Dr. Lara Burrows completed her Ob/Gyn residency at Johns Hopkins and also completed a fellowship in Female Pelvic Medicine and Reconstructive Surgery at the University of Pittsburgh. She is regarded as an expert in the evaluation and treatment of female pelvic floor disorders and interstitial cystitis.



Dr. Marianne Brandon is a clinical psychologist and Diplomat in Sex Therapy through ASSET. Dr. Brandon has a special interest and training in sex therapy, sexual desire disorders, monogamy and fidelity, depression, anxiety, and EMDR.